



Critical Illness Insurance
can pay money directly to you when you're diagnosed with certain serious illnesses.

How does it work?

If you're diagnosed with an illness that is covered by this insurance, you can receive a lump sum benefit payment. You can use the money however you want.

Why is this coverage so valuable?

- The money can help you pay out-of-pocket medical expenses, like co-pays and deductibles.
- You can use this coverage more than once. Even after you receive a payout for one illness, you're still covered for the remaining conditions and for the reoccurrence of any critical illness with the exception of skin cancer. The reoccurrence benefit pays 100% of your coverage amount. Diagnoses must be at least 180 days apart or the conditions can't be related to each other.

What's covered?

Critical illnesses	
<ul style="list-style-type: none"> • Heart attack • Stroke • Major organ failure • End-stage kidney failure 	<ul style="list-style-type: none"> • Coronary artery disease Major (50%): Coronary artery bypass graft or valve replacement • Minor (10%): Balloon angioplasty or stent placement
Cancer conditions	
<ul style="list-style-type: none"> • Invasive cancer — all breast cancer is considered invasive 	<ul style="list-style-type: none"> • Non-invasive cancer (25%) • Skin cancer — \$500
Progressive diseases	Supplemental conditions
<ul style="list-style-type: none"> • Amyotrophic Lateral Sclerosis (ALS) • Dementia, including Alzheimer's disease • Multiple Sclerosis (MS) • Parkinson's disease • Functional loss 	<ul style="list-style-type: none"> • Loss of sight, hearing or speech • Benign brain tumor • Coma • Permanent Paralysis • Occupational HIV, Hepatitis B, C or D • Infectious Diseases (25%) (7 Consecutive Day Hospital Stay)

Why should I buy coverage now?

- It's more affordable when you buy it through your employer and the premiums are conveniently deducted from your paycheck.
- Coverage is portable. You may take the coverage with you if you leave the company or retire. You'll be billed at home.

Be Well Benefit

Every year, each family member who has Critical Illness coverage can also receive a payment for getting a covered Be Well Benefit screening test, such as:

- Annual exams by a physician include sports physicals, well-child visits, dental and vision exams
- Screenings for cancer, including pap smear, colonoscopy
- Cardiovascular function screenings
- Screenings for cholesterol and diabetes
- Imaging studies, including chest X-ray, mammography
- Immunizations including HPV, MMR, tetanus, influenza

Who can get coverage?

You:	Choose \$10,000, \$20,000 or \$30,000 of coverage
Your spouse:	Spouses can get 100% of the employee coverage amount as long as you have purchased coverage for yourself.
Your children:	Children from live birth to age 26 are automatically covered at no extra cost. Their coverage amount is 50% of yours. They are covered for all the same illnesses plus these specific childhood conditions: cerebral palsy, cleft lip or palate, cystic fibrosis, Down syndrome and spina bifida. The diagnosis must occur after the child's coverage effective date.

Active employment: You are considered in active employment if, on the day you apply for coverage, you are being paid regularly for the required minimum 30 hours each week and you are performing the material and substantial duties of your regular occupation. Insurance coverage will be delayed if you are not in active employment because of an injury, sickness, temporary layoff, or leave of absence on the date that insurance would otherwise become effective. New employees have a 60 day waiting period to be eligible for coverage. Please contact your plan administrator to confirm your eligibility date.

If enrolling, and eligible for Medicare (age 65+; or disabled) the Guide to Health Insurance for People with Medicare is available at www.medicare.gov/media/9486.

Please refer to the certificate for complete definitions about these covered conditions. Coverage may vary by state. See exclusions and limitations.

Critical Illness Insurance benefit and cost

Monthly costs				
Age	Employee coverage: \$10,000 Spouse coverage: \$10,000 Be Well benefit: \$50			
	Non-Tobacco		Tobacco	
	Employee	Spouse	Employee	Spouse
under 25	\$2.82	\$2.82	\$2.82	\$2.82
25 - 29	\$3.42	\$3.42	\$3.72	\$3.72
30 - 34	\$4.22	\$4.22	\$4.92	\$4.92
35 - 39	\$5.12	\$5.12	\$7.02	\$7.02
40 - 44	\$7.02	\$7.02	\$10.12	\$10.12
45 - 49	\$10.02	\$10.02	\$15.12	\$15.12
50 - 54	\$14.62	\$14.62	\$22.62	\$22.62
55 - 59	\$20.42	\$20.42	\$31.82	\$31.82
60 - 64	\$29.42	\$29.42	\$45.72	\$45.72
65 - 69	\$43.82	\$43.82	\$63.32	\$63.32
70 - 74	\$66.32	\$66.32	\$88.92	\$88.92
75 - 79	\$93.72	\$93.72	\$116.72	\$116.72
80 - 84	\$129.82	\$129.82	\$157.12	\$157.12
85+	\$204.82	\$204.82	\$240.22	\$240.22

Monthly costs				
Age	Employee coverage: \$20,000 Spouse coverage: \$20,000 Be Well benefit: \$75			
	Non-Tobacco		Tobacco	
	Employee	Spouse	Employee	Spouse
under 25	\$5.64	\$5.64	\$5.64	\$5.64
25 - 29	\$6.84	\$6.84	\$7.44	\$7.44
30 - 34	\$8.44	\$8.44	\$9.84	\$9.84
35 - 39	\$10.24	\$10.24	\$14.04	\$14.04
40 - 44	\$14.04	\$14.04	\$20.24	\$20.24
45 - 49	\$20.04	\$20.04	\$30.24	\$30.24
50 - 54	\$29.24	\$29.24	\$45.24	\$45.24
55 - 59	\$40.84	\$40.84	\$63.64	\$63.64
60 - 64	\$58.84	\$58.84	\$91.44	\$91.44
65 - 69	\$87.64	\$87.64	\$126.64	\$126.64
70 - 74	\$132.64	\$132.64	\$177.84	\$177.84
75 - 79	\$187.44	\$187.44	\$233.44	\$233.44
80 - 84	\$259.64	\$259.64	\$314.24	\$314.24
85+	\$409.64	\$409.64	\$480.44	\$480.44

Monthly costs				
Age	Employee coverage: \$30,000 Spouse coverage: \$30,000 Be Well benefit: \$100			
	Non-Tobacco		Tobacco	
	Employee	Spouse	Employee	Spouse
under 25	\$8.46	\$8.46	\$8.46	\$8.46
25 - 29	\$10.26	\$10.26	\$11.16	\$11.16
30 - 34	\$12.66	\$12.66	\$14.76	\$14.76
35 - 39	\$15.36	\$15.36	\$21.06	\$21.06
40 - 44	\$21.06	\$21.06	\$30.36	\$30.36
45 - 49	\$30.06	\$30.06	\$45.36	\$45.36
50 - 54	\$43.86	\$43.86	\$67.86	\$67.86
55 - 59	\$61.26	\$61.26	\$95.46	\$95.46
60 - 64	\$88.26	\$88.26	\$137.16	\$137.16
65 - 69	\$131.46	\$131.46	\$189.96	\$189.96
70 - 74	\$198.96	\$198.96	\$266.76	\$266.76
75 - 79	\$281.16	\$281.16	\$350.16	\$350.16
80 - 84	\$389.46	\$389.46	\$471.36	\$471.36
85+	\$614.46	\$614.46	\$720.66	\$720.66

Continuity of coverage

We will provide coverage for an Insured if the Insured was covered by a similar prior policy on the day before the Policy Effective Date. Coverage is subject to payment of premium and all other terms of the certificate. If an employee is on a temporary Layoff or Leave of Absence on the Policy Effective Date of this certificate, we will consider your temporary Layoff or Leave of Absence to have started on that date and coverage will continue for the period provided temporary Layoff or Leave of Absence under Continuation of your Coverage During Extended Absences in the certificate. If you have not returned to Active Employment before any Insured's Date of Diagnosis, any benefits payable will be limited to what would have been paid by the prior carrier.

Date of diagnosis must be after the coverage effective date.

Exclusions and limitations

We will not pay benefits for a claim that is caused by, contributed to by, or occurs as a result of any of the following:

committing or attempting to commit a felony; being engaged in an illegal occupation or activity; injuring oneself intentionally or attempting or committing suicide, while sane; active participation in a riot, insurrection, or terrorist activity. This does not include civil commotion or disorder, injury as an innocent bystander, or Injury for self-defense; participating in war or any act of war, whether declared or undeclared; combat or training for combat while serving in the armed forces of any nation or authority, including the National Guard, or similar government organizations; voluntary use of or treatment for voluntary use of any prescription or non-prescription drug, alcohol poison, fume, or other chemical substance unless taken as prescribed or directed by the Insured's Physician; being intoxicated; and a Date of Diagnosis that occurs while an Insured is legally incarcerated in a penal or correctional institution;

Additionally, no benefits will be paid for a Date of Diagnosis that occurs prior to the Coverage Effective Date.

End of employee coverage

If you choose to cancel your coverage your coverage ends on the first of the month following the date you provide notification to your employer. Otherwise, your coverage ends on the earliest of the: date this policy is canceled by Unum or your employer; date you are no longer in an eligible group; date your eligible group is no longer covered; date of your death; last day of the period any required premium contributions are made; or last day you are in active employment.

However, as long as premium is paid as required, coverage will continue in accordance with the Continuation of your Coverage during Absences provision or if you elect to continue coverage for you, your Spouse, and Children under Portability of Critical Illness Insurance.

Unum will provide coverage for a payable claim that occurs while you are covered under this certificate.

THIS INSURANCE PROVIDES LIMITED BENEFITS

This information is not intended to be a complete description of the insurance coverage available. The policy or its provisions may vary or be unavailable in some states. The policy has exclusions and limitations which may affect any benefits payable. For complete details of coverage and availability, please refer to Policy Form GCIP16-1 or the Certificate Form GCIC16-1 or contact your Unum representative.

Underwritten by: Unum Insurance Company, Portland, Maine

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Learn more about your annual Be Well Benefit

Your Unum plan pays a Wellness Benefit for one wellness test each year.

With Unum's Be Well Benefit, you and other covered family members can receive a valuable incentive for important tests and screenings. Many of these tests are routinely performed, so it's easy to take advantage of this benefit.

Your Critical Illness Be Well Benefit is:

- \$50: \$10,000 worth of coverage
- \$75: \$20,000 worth of coverage
- \$100: \$30,000 worth of coverage

Each insured is eligible to receive a maximum of One Be Well Benefit per Calendar Year. The Be Well Benefit will become payable provided the following conditions are met:
 -the date of the Be Well Screening is after the Be Well Benefit Effective Date; and
 - an insured's coverage is in force.

Be Well Screenings	
Cholesterol and Diabetes	Eligible screenings include, but may not be limited to: blood test for triglycerides, fasting plasma glucose (FGP), fasting blood glucose test, hemoglobin A1C(HbA1c), Serum Cholesterol test to determine total, HDL and LDL Cholesterol levels, two hour post-load plasma glucose.
Cancer	Eligible screenings include, but may not be limited to: colonoscopy, virtual colonoscopy, CEA (blood test for colon cancer), low-dose computerized tomography (CT) (imaging study for lung cancer), double-contrast barium enema, fecal immunochemical testing, fecal DNA testing, PSA (blood test for prostate cancer) bone marrow testing, serum protein electrophoresis (blood test for myeloma), dermatological screenings for skin cancer, flexible sigmoidoscopy, hemocult stool analysis, pap smear, thin prep pap test, cytology (PAP) smear, CA 15-3 (blood test for breast cancer) CA-125 (blood test for ovarian cancer), BRCA1 or BRCA2 testing.
Cardiovascular Function	Eligible screenings include, but may not be limited to: echocardiogram, electrocardiogram, stress test on a bicycle or treadmill, myocardial perfusion imaging.
Imaging Studies	Eligible screenings include, but may not be limited to: chest x-ray, carotid ultrasound (Doppler), mammography, breast ultrasound, breast MRI, breast thermography, transvaginal ultrasound, bone density scans, aortic ultrasound.
Annual Examinations by a Physician	Eligible examinations include sports physicals, annual exams for adults, and well-child visits.
Immunizations	Eligible immunizations include, but may not be limited to HPV, Hepatitis B, chicken pox, MMR, tetanus, pneumonia, influenza.

Unum will pay Wellness benefits for all eligible policies according to policy terms. **THESE POLICIES OFFER LIMITED BENEFITS**
 The policies or their provisions may vary or be unavailable in some states. The policies have exclusions and limitations which may affect any benefits payable. See the actual policy or your Unum representative for specific provisions and details of availability.

Each year, you can earn a valuable incentive just for taking care of your health. And so can each of your covered family members.



It's easy to file a claim.

You can receive a benefit for tests that are performed after your initial coverage date. Follow these simple steps:

1

File your claim online with a one-time registration on unum.com, by mail or over the phone.

Simply call 1-800-635-5597 to learn more.

2

You will need to provide the following:

- First and last names of the **employee** and **claimant** (the employee might not be the claimant)
- Employee's **Social Security number** or **policy number**
 - Name and date of the test
 - Name of **physician** and the **facility** where the test was performed.

For more information, please contact your HR representative.

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